

# Granola

- 3 cups thick rolled oats
- 1 cup raw pumpkin seeds
- 1 cup raw sunflower seeds
- 1 cup coconut flakes
- 1 cup nuts (hazelnuts or pistachios)
- ½ cup maple syrup
- ½ cup brown sugar
- ½ cup olive oil
- ½ tablespoon kosher salt

Preheat oven to 300 degrees.

In a small bowl, whisk together maple syrup, brown sugar, olive oil and salt.

In a large bowl, combine dry ingredients.

Pour wet ingredients over dry and thoroughly combine.

Spread granola evenly on a parchment lined sheet pan and bake 45-55 minutes, stirring every 10-15 minutes.

Let cool.

Enjoy.